

the Seven
Principles *for* Making
Marriage **Work**
Couples Workshop

Give your relationship a tune up!

Strengthen your connection, learn to navigate challenges together, and discover what helps couples grow and thrive for a lifetime!



APRIL 11, 2026

9:00 AM - 4:00 PM CST

Full Day Intensive Live Event VIA Zoom

Certified Co-Leaders of the 7 Principles for Making Marriage Work program

Meg Lestina LCSW, CAMS-II

Megan John LCPC, CRC

What you will learn:

- Improve fondness, appreciation, intimacy, and affection
- Manage conflict effectively
- Address your solvable and perpetual problems
- Create shared meaning
- Manage gains throughout a lifetime

What's included with registration:

- 1 copy of *7 Principles for Making Marriage Work*
- 2 Workbooks
- 1 Love Maps Card Deck
- 1 Open Ended Questions Card Deck
- 6 hours of relationship education delivered through demonstration, presentation, and interactive exercises

Who should attend:

This workshop is for couples at any stage of their relationship: dating, engaged, married, separated, domestically partnered. LGBTQ+ & non-traditional couples welcome.

It's never too late or too early to work on your relationship!

Register:



Space is limited - Sign up today!

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Reach out with any questions!